



AOGD 2024

46th Annual Conference

Preconference Workshop

Association of Obstetricians and Gynaecologists of Delhi

Menopause Prescription Writing: Mastering the Art

22nd November, 2024 | 8:00 AM - 2:00 PM
Venue: India Habitat Centre, Delhi

Organizing Chairpersons

Dr Kiran Aggarwal

Dr Meenakshi Ahuja

Dr Ashok Kumar

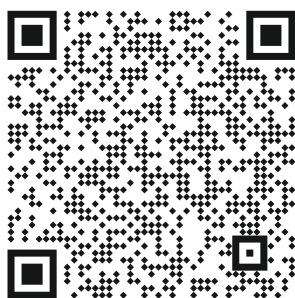
Organizing Secretaries

Dr Anuradha Singh

Dr Kiranjeet Kaur

Awarded
5 ICOG
Credit Points for
Each Workshop

Scan QR Code
to Register



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Time	Topic	Speaker
8:00 AM - 8:30 AM	Registration	
Menopause Age Gracefully		
Session 1		
Chairpersons: Dr Anjila Aneja, Dr Meenakshi Singh, Dr Shelly Singh, Dr Yukti Wadhawan		
8:30 AM - 8:45 AM	Normal Menopause Transition	Dr Anuradha Singh
8:45 AM - 9:00 AM	Nutrition: Learn the practical Diet chart	Dr Ritika Samaddar
Session 2		
Chairpersons: Dr Reena, Dr Taru Gupta, Dr Archana Mehta, Dr Dipti Nabh		
9:00 AM - 9:15 AM	Mood Swings and Mental Health	Dr Chandan Kachru
9:15 AM - 9:30 AM	Stretch and Move: Strengthen Bones and Muscles	Dr Ritu Majumdar
Session 3		
Chairpersons: Dr Sonal Bhatla, Dr Jyoti Bhaskar, Dr Ritu Sharma, Dr Aishwarya Kapoor		
9:30 AM - 9:40 AM	Bone Health: Aches & Pain Prevent the breaks	Dr Geeta Mendiratta
9:40 AM - 9:50 AM	Vasomotor Flushes:- Solve the enigma	Dr Priti Dhamija Arora
Session 4		
Chairpersons: Dr Mala Srivastava, Dr Indu Taneja, Dr Uma Vaidyanathan		
9:50 AM - 10:00 AM	Setup a menopause clinic: - Practical Tips	Dr Ragini Aggarwal
10:00 AM - 10:15 AM	Genitourinary Syndrome of Menopause: Tips for diagnosis and treatment	Dr Nalini Sharma
10:15 AM - 10:30 AM	Inauguration - Dr Anju Soni, Dr Ashok Kumar	
10:30 AM - 10:45 AM	Tea	
Hormones and Non-Hormones		
Session 5		
Chairpersons: Dr Sonia Malik, Dr Harsha Khullar, Dr Manju Puri		
11:00 AM - 11:20 AM	Know the hormones you prescribe: Dose, Route, Effects & Availability	Dr Meeta Singh
11:20 AM - 11:40 AM	Tibolone and Testosterone	Dr Anju Soni
11:40 AM - 11:55 AM	Before & Beyond Hormones	Dr Meenakshi Ahuja
11:55 AM - 12:10 PM	Recent advances/AI & Newer frontiers of research	Dr Kiran Aggarwal
Hands on: Case Based		
Session 6		
Experts: Dr Meeta Singh, Dr Sonia Malik, Dr Sonal Bhatla		
12:15 PM - 1:00 PM	Complete prescription writing. Hands on with experts. Case Based learning	Dr Renuka Mallik, Dr Kiranjeet Kaur
1:00 PM	Vote of Thanks	